# Let's EAT healthy, PLAY often, and CREATE community!

**SURVEY** 

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Thank you for participating in today's event! We want to learn more about you! Please complete this survey.

# **HEALTHY EATING - Shopping**

**Eastside of Savannah** 

1.	How do you go food shopping?
	(Circle your answers.)









2. Where do you buy these foods?

(Check all t	hat apply.)	Grocery Store	Corner Store	Farmers Market or Produce Stand
Meat				
Fruit				
Vegetables				
Dairy				
Grains				
Snacks or Sweets	STACKS			

3. Do you use SNAP/EBT (food stamps) or WIC to buy some of your food? YES NO (Circle your answer.)

## **Growing Food**

- 4. Do you grow your food? YES NO (Circle your answer.)
- 5. If YES, how? in Pots (inside) in Pots (outside) in my Yard in a Community Garden (Circle your answers.)

#### **Eating**

6. How many times a day do you eat these foods?

(Circle your answers.)

Meat		0	1	2	3		5 or more
Fruit		0	1	2	3	4	5 or more
Vegetables		0	1	2	3	4	5 or more
Dairy		0	1	2	3	4	5 or more
Grains	O S S S S S S S S S S S S S S S S S S S	0	1	2	3	4	5 or more
Snacks or Sweets	SUMMO SUMMON SUM	0	1	2	3	4	5 or more

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**SURVEY** 

(page 2 of 2)

## **Eastside of Savannah**

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1. How do you get around town? (Circle your answers.)







car



**Parks** 

2. How often do you go to the park? (Circle your answer.)

less than 1 day a week

1 day a week

2 days a week 3 days a week

4 or more days a week

3. What do you do in the park?

#### **Exercise**

4. How do you exercise? (Circle your answers.)



walk



run



fitness

classes







lift weights

other:

5. How often do you exercise? (Circle your answer.)

less than 1 day a week

1 day a week 2 days a week 3 days a week 4 or more days a week

6. Where do you exercise? (Circle your answers.)















YOU & YOUR FAMILY

A. Where do you live? Blackshear Hitch Village Midtown Twickenham Pine Gardens
Savannah Gardens Benjamin Van Clark East Savannah Live Oak
Fred Wessels Other:

В.	What	is	your	age?	

C. How many people live in your home? \_\_\_\_\_(Include yourself.)

D. How many kids live in your home?
(Kids are 0-17 years old.)

Kid #6

E. What are the kids' ages?

Kid #3

Kid #1 \_\_\_\_\_ Kid #4 \_\_\_\_\_ Kid #2 \_\_\_\_ Kid #5 \_\_\_\_

Please complete both sides.